



Coastal Children's Services  
A Pediatric Subspecialty Group

## 2019 Southeastern Pediatric Nutrition Conference

# LET FOOD BE THY MEDICINE

## NUTRITION AND DISEASE MANAGEMENT



**SHELL ISLAND RESORT  
WRIGHTSVILLE BEACH, NC  
NOVEMBER 14 AND 15, 2019**

### CONFERENCE SUMMARY

The role of nutrition in preventing and curing disease is emerging. We are now seeing a growing interrelationship between nutrition and pharmacology, which allows for a more effective approach to patient care. This conference will feature many experts who will speak on the importance of nutrition in disease management and its many therapeutic possibilities. Through a multidisciplinary approach, attendees will learn about key conditions, challenges, and improvements in medical nutrition therapy, as it relates to the management of various diseases.

### EXHIBITOR PACKAGES

For-Profit Organization	\$1,000
Logo on signage, web site, marketing materials, social media recognition (1) 6' Table (2) Chairs (2) Educational Session Passes Breakfast, lunch, snacks and beverages	
Non-Profit Organization	\$500
Logo on signage, web site, marketing materials, social media recognition (1) 6' Table (2) Chairs (2) Educational Session Passes Breakfast, lunch, snacks and beverages	

#### Steps to exhibit for this event:

1. Fill out the attached Exhibitor Agreement Form
2. Send the form to Janet Hoffer at [janet.hoffer@ccneo.net](mailto:janet.hoffer@ccneo.net) or
3. Mail payment to: INFANTS (Attn: Janet Hoffer)  
2212 S. 17th St  
Wilmington, 28401
4. To pay by credit card, call Janet Hoffer at 910-667-4379, by mail, please fill out exhibitor form

All packages include an invitation to the Thursday evening reception. A separate invitation will be sent out for this event.

*We appreciate your support!*

# CONFERENCE AGENDA

## DAY 1 • 8AM - 4PM

### **Food Selectivity, Nutrient Status/Intake, and Autism Spectrum Disorders**

William Sharp, PhD

Director, Pediatric Feeding Disorders Program  
Children's Healthcare of Atlanta

Rashelle Berry, MPH, MS, RDN, LD

Nutrition Manager for the Feeding Program at Marcus  
Autism Center

### **Inflammatory Bowel Disease**

Sandra C. Kim, MD

Associate Professor of Pediatrics

Co – Director, Pediatric Inflammatory  
Bowel Disease Center

Division of Pediatric Gastroenterology,  
Hepatology, and Nutrition

Children's Hospital of Pittsburgh of UPMC, Pittsburgh, PA

Stacey Zettle, MS, RD, LDN

Dietitian, Generalist at Children's Hospital of Pittsburgh

### **Eosinophilic Esophagitis**

Fred (Dan) Atkins, MD

Co-Director, Gastrointestinal Eosinophilic Diseases

Program, Pediatric Allergy and Immunology Section Chief  
Children's Hospital of Colorado

### **Pediatric Nutrition on Managing Kids with Type 1 and Type 2 Diabetes/Obesity**

Kateryna Kotlyarevska, MD

Pediatric Endocrinologist, Coastal Children's Services

Meredith Thivierge, RD, CDE, LDN

Pediatric Clinical Dietitian Specialist II  
The Johns Hopkins Children's Center

### **Fatty Liver Disease**

Stavra Xanthakos, MD, MS

Director, Steatohepatitis Center

Medical Director, Surgical Weight Loss Program for Teens

Associate Director, Gastroenterology Fellowship Program

## DAY 2 • 8AM-12PM

### **Bariatric Surgery for Obese Teens**

Stavra Xanthakos, MD, MS

Director, Steatohepatitis Center

Medical Director, Surgical Weight Loss Program for Teens

Associate Director, Gastroenterology Fellowship Program

Susan Sewell, MS RD LD CSOWM

Registered Dietitian, Surgical Weight Loss Program for  
Teens

Cincinnati Children's Hospital Medical Center

### **The "Heart" of Adolescent Obesity**

James Loehr, MD

Pediatric Cardiologist, Coastal Children's Services

Wilmington, NC

### **Plant-based Diet in Relationship to Prevention of Obesity in Children**

Joycelyn Peterson, DrPH, MPH, RDN

Director, Nutritional Sciences Program

Morgan State University

## CONFERENCE DESCRIPTION

The Annual Southeastern Neonatal/Pediatric Nutrition Conference is designed to provide updated, advanced and practical approaches to contemporary issues in pediatric and neonatal nutrition. This activity will provide unique opportunities to learn, share and investigate new ways of assessing and managing pediatric patients with complex nutritional needs.

## CONFERENCE OBJECTIVES

1. Identify evidence based dietary treatment strategies in management of pediatric disease states
2. Describe the effects of hypoallergenic diet on inflammatory diseases of the intestines.
3. Describe how excessive caloric intake affects optimal growth and development of the pediatric patient and predisposes children to chronic diseases.

## WHO SHOULD ATTEND?

Pediatricians, Neonatologists, Neonatal/Pediatric/Family Nurse Practitioners, General Medicine, Pediatric Gastroenterologists, Dietitians, RNs, LPNs, APRNs, Physician Assistants and Pharmacists



## To reserve a hotel room

2700 N. Lumina Avenue  
Wrightsville Beach, NC  
800-689-6765  
[www.shellisland.com](http://www.shellisland.com)  
group rates:



Shell Island is the premier resort hotel at Wrightsville Beach, NC providing all oceanfront suites with 169 beautiful guest rooms, each overlooking the Atlantic Ocean. With an indoor and outdoor pool, jacuzzi, beach volleyball, and miles of white sandy beaches, Shell Island Resort is a wonderful place to come and relax while enjoying the sound of the waves. Each room is equipped with your own private balcony, large living room with sleeper sofa, two flat-screen TVs, BluRay DVD player, and a kitchenette which includes a refrigerator, microwave, stovetop, coffee maker and blender. The Resort has high-speed internet access via a complimentary Wi-Fi network. With all the amenities, and a casual oceanfront restaurant and bar complete with outdoor seating, a fitness room, and laundry facilities on site, you will see why our guests love to stay with us.

2700 N. Lumina Avenue  
Wrightsville Beach, NC  
800-689-6765  
[www.shellisland.com](http://www.shellisland.com)

Please note - if you are travelling by air, the  
Wilmington airport code is ILM.





## EXHIBITOR AGREEMENT FORM

Event Title: **Southeastern Neonatal/Pediatric Nutrition Conference**

Date of Event: Thursday, November 14 (8am-4:30pm)- Friday, November 9 (8am-12:00pm) 2019

Event Location: Shell Island Resort - Wrightsville Beach, NC

Please indicate your level of support: ☐ Non-Profit \$500 ☐ For-Profit: \$1,000

Organization: \_\_\_\_\_ Number of Representatives: \_\_\_\_\_

Company Address: City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Product/Service to be Showcased at booth \_\_\_\_\_

Booth Requirements: ☐ Electrical ☐ Chair ☐ Other \_\_\_\_\_

Payment Method: ☐ Cash ☐ Check ☐ VISA ☐ MasterCard

**To pay by credit card, please call Gladys Vasile at 910-667-3984**

List all company representatives exhibiting at the event (attach additional information if more than two):

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

Exhibitor Signature \_\_\_\_\_ Date \_\_\_\_\_

**Please submit agreement and payment to: INFANTS (attn: Janet Hoffer)**

**2212 S 17th St. Wilmington, NC 28401**

**Federal Tax ID 27-2791351**

**Fax: 910-667-7390**

**To pay by credit card, please call Janet Hoffer, 910-667-4379**

Payment for Exhibit/Support fees must be received in full with the completed Exhibit/Support Agreement Form prior to a company's inclusion in promotional materials. Supporters with logo recognition included in their package are asked to send a high resolution logo file to janet.hoffer@ccneo.net. Exhibit space will be assigned on a first come-first serve basis as payment is received and at the discretion of the Nutrition Conference Committee Members. Additional information and a participant brochure can be found at [www.ccneo.net](http://www.ccneo.net)

### ADDITIONAL SHOW INFORMATION:

- Exhibitor tables will be set up in the Pre-function corridor at Shell Island Resort.  
Booth fee covers both days of show. You are welcome to sit in on the conference speakers and join conference attendees for lunch on Thursday, November 14, 2019. All other conference snacks & beverages included.
- Invitation to the reception/networking event on Thursday, November 14 (immediately following the Thursday Education in the oceanfront ballroom at Shell Island) included.

**Questions? Contact Janet Hoffer at 910-612-6932**